

MARCH
13-15
2009

ART IN MOTION
PRESENTS

SOULS ROOTS

FOOD & MEDIA JUSTICE
INSTITUTE
DENVER, CO

HEALTH
ART
HEALING
PERFORMANCE
CULTURE
IDEAS
PANELS
WORKSHOPS

**"FOSTERING SOLIDARITY & GREEN SUSTAINABILITY
IN OUR BLACK AND BROWN COMMUNITIES"**

- Fri: 3.13** - "Take Back the Land" ~ Wine & Cheese Fundraiser with
Immigrant Rights/Land Justice Activist, **Max Rameau**
- Sat: 3.14** - "Protest, Brutality & Ink" Activist Panel & Booksigning with
Favianna Rodriguez & Special Guests
- Sun: 3.15** - "Community Eat-In & Talkback" with food justice activist,
Bryant Terry & Local Eco-Chefs

SPONSORED BY:
Annie E. Casey Foundation, American Legacy Foundation,
Sisters of Color United for Education, Pan African Arts Society
PRODUCED BY: Ashara Ekundayo of BluBlak Media
INFO & SCHEDULE | WWW.SOUL-DROOTS.ORG

Special Public Events: All-Ages Welcome!

Friday 3.13 "Take Back the Land" Wine & Cheese Fundraiser with immigrant rights / land Justice activist, Max Rameau



6:00-8:30pm @ Sisters of Color United For Education, 2895 W. 8th Ave. (at Federal Blvd.)

Suggested Donation \$20

* Join us for a provocative dialogue on shared power in communities of color, immigration policy and land justice with Max Rameau, a social justice guru who helped

start "Take Back the Land" in response to the crisis of gentrification and low-income housing in Florida. Take Back the Land has been identifying vacant government owned and foreclosed homes and moving families into them, without permission from the banks or government and has been interviewed by outlets such as CNN & Democracy Now!

Saturday 3.14 "Protest, Brutality & Ink" Activist Panel & Booksigning



7:00-10:00pm @ Solar Café & Community Space, 2615 Welton St. Denver (Five Points) **Suggested Donation \$5** (no one turned away for lack of funds)

* A lively discussion on profiling, police brutality and the murder of Oscar

Grant (Oakland, CA), plus the role of arts, culture & propaganda in the social justice movement.

Hosted by: Ashara Ekundayo & Faatma Mehrmanesh

Panel Participants: Jordan T. Garcia/moderator, Cheyenne Hughes, Lisa Calderon, Terrance Roberts, Jesus Barraza, Melanie Cervantes, Favianna Rodriguez.
+ Booksigning with author: Favianna Rodriguez ("Reproduce & Revolt") + Live Screenprinting

Community Partners: Colorado Progressive Coalition, Let Us Rise, Pan African Arts Society, Prodigal Son Initiative, Freespeech TV, Taller Tupac Amaru, INCITE, Sisters of Color United for Education

Sunday 3.15 "Community Eat-In & Talkback" Panel on Food Justice



2:00-5:00pm @ New Hope Baptist Church, 3701 Colorado Blvd. Denver (Park Hill)

Tix \$7-\$10 Sliding Scale

Participating Eco-Chefs Include:

Bryant Terry "Vegan Soul Kitchen"; Dylan Moore **Deluxe Restaurant**;

Faatma Mehrmanesh **Solar Café**;
Shannon Francis **Woodbine Ecological Center**; Marilyn Megenity **Mercury Café**;
Shau'l Lock **Juice Guru**; & More! Beats: DJ CaveM | Words: Molina Soleil & Aju

Community Partner: Transition Denver

***What's an Eat-In?** What's an Eat-In? a multicultural group of people in a public space sharing a healthy and sustainable home-cooked meal. This "Sunday Supper" Eat-In features chefs, activists, artists, gardeners and community leaders hosting conversations about traditional/cultural food habits, urban foodways, and new ideas for community-based food systems. The food being shared

(vegan, vegetarian and meat-based) will reflect the cultural legacy of the community. Also, everyone is asked to help us "go green" by please bringing your own plate, cup, bowl and silverware, too!

*** Bryant Terry will be signing his new cookbook "Vegan Soul Kitchen" and unveiling a new series of Food Justice posters co-created by artist Favianna Rodriguez (Tumis Design)**

"Soul'd Roots: Food & Media Justice Institute" Pt. 2

Save the Date: August 5-8, 2009

Soul'd Roots: Food & Media Justice Institute: March 13 – 15, 2009 Denver

Friday, MARCH 13

THE MESSAGE IS THE MEDIA

*Recipe Video Journaling – Throughout the Day

Location A: Sisters of Color United for Education –
2895 W. 8th Ave. Denver

8:30am - Meditation/Yoga Exercises

9:30am - Plenary Continental Breakfast

9:50am – 11:00am

Sustainable Community Visualization Exercise - Ashara Ekundayo
Conocimiento Welcome –Adrienna Corrales & Belinda Garcia

11:15am – 12:15pm

LaLingua: Fishbowl Discussion on Race, Health & Rap
Participants: Malverde, Vera Allen, Ietef Vita

11:15am – 12:15pm

“Carbon Footprints, Global Warming & Green Jobs”
Moderator/Kendra Sandoval

Panelists: Marilyn Akwe Starnes, Sarah Moss, Kenzie Davidson

12:30pm – 2:00

Sustainable Vegan Lunch Catered by Solar
“Image, Identity & Media Justice”

Panelists: Vera Allen, Kyle Harris, Celia Herrera, Rose Brunning
Moderator/Jeff “Apostle” Campbell

Open to the Public

Tix \$20 - RSVP to Kathryn at 303-446-8800

2:15pm – 4:30pm

Social Justice Stencil Making Workshop

The immediacy and power of stencil art has made it a prominent tool
in political, social and artistic movements. Participants will learn
simple and effective ways to create stencils as a way express opinions,
spread messages and expand the boundaries of their artistic language.

Instructors: Jesus Berraza and Melanie Cervantes
(Taller Tupac Amaru Collective, Oakland, CA)

2:15 – 3:15pm “Ill-Fumes: Mural Art, Propaganda & Storytelling”

Instructors: Cope2 & Indie

3:30 - 4:30pm

Holistic Healing Sessions & Video Journaling

4:45 – 5:15pm
Institute “Rap” Session

6:00 – 8:30pm

“Take Back the Land” Community Gathering on
Immigrant Rights & Land Justice with Max Rameau
Wine & Cheese Fundraiser for Sister of Color United for Education
*Tix \$20

Saturday, MARCH 14 2009
LIVING FOR THA’ CITY: FOOD DESERTS & OUR GREEN ECONOMY

Location A: Sisters of Color United For Education,
2895 W. 8th Ave. Denver

*Holistic Bodywork Throughout the Day
*Recipe Video Journaling – Throughout the Day

9:00am
Meditation/Visualization Exercise

10:00am – 10:45am
Conocimiento Welcome: Adrienna Corrales & Belinda Garcia
1st Day Recap/Agenda: Ashara Ekundayo

11:00am – 12:00pm
“Ill-Fumes: Mural Art, Propaganda & Storytelling”
Instructors: Cope2 & Indie

11:00am – 12:00pm
LaLingua: Fishbowl Discussions on Race, Health & Rap
Panelists: Malverde, Vera Allan, Ietef Vita

12:15pm – 1:30pm
LUNCH
Food Security Presentation & Cooking Demo
with Bryant Terry & Sha’ul Loc

1:45pm – 3:00pm
Social Networking for Social Justice iConference (bring your laptop)
Instructors: Shireen Mitchell and Peju Alawusa

3:15pm – 5:15pm
Social Justice Printmaking – Linocut workshop
Instructors: Favianna Rodriguez (Tumis Design, Oakland, CA)

3:15pm – 5:15pm
Holistic Health Sessions & Video Journaling

5:30 – 6:00pm
Institute “Rap” Session

7:00pm – 10:00pm

“Protest, Brutality & Ink” A lively discussion on racial profiling, police brutality and the murder of Oscar Grant(Oakland, CA), plus the role of arts, culture & propaganda in the social justice movement.

Panelists: Jordan T. Garcia/moderator, Cheyenne Hughes, Lisa Calderon, Favianna Rodriguez, Terrance Roberts, Jesus Barraza, Melanie Cervantes

Reception – hosted by Ashara Ekundayo, Faatma Mehrmanesh & the Pan African Arts Society +Booksigning with Author, Favianna Rodriguez (“Reproduce & Revolt”)

Community Partners: Colorado Progressive Coalition, Let Us Rise, Pan African Arts Society, Prodigal Son Initiative, FreespeechTV, Taller Tupac Amaru, INCITE, Sisters of Color United for Education
Open to the Public
Suggested Donation \$5 (no one turned away for lack of funds)

Location B: Solar Café & Community Space,
2615 Welton St. Denver 80205

7:00pm – 8:00pm:

Reception – hosted by Ashara Ekundayo, Faatma Mehrmanesh & the Pan African Arts Society + Booksigning with Author, Favianna Rodriguez (“Reproduce & Revolt”) with Live Poster Printing
Community Partners: Colorado Progressive Coalition, Let Us Rise, Pan African Arts Society, Prodigal Son Initiative, FreespeechTV, Taller Tupac Amaru, and INCITE

Location B: Solar Café & Community Space,
2615 Welton St. Denver
Suggested Donation \$5 (no one turned away for lack of funds)

Sunday, MARCH 15 – DENVER

Location C: New Hope Baptist Church, 37th & Colorado Blvd
*Recipe Video Journaling – Throughout the Day

12:30pm – 1:30pm Workshop

Food As Medicine/Nawi Ollin (4-Directions)
Instructors: Belinda Garcia & Kathryn Harris

2:00pm – 5:00pm

Community “Eat-In” & Talkback Panel on Food Justice
featuring Recipes & Food from Eco-Chefs: Bryant Terry, author, (Vegan Soul Kitchen); Shannon Francis, Permaculturalist, Woodbine Ecological Center/American Indian Movement; Faatma Mehrmanesh, Mudslinger, Solar Café; Dylan Moore, Top Chef, Deluxe Restaurant; Marilyn Megenity, Veteran Composter, Mercury Café; Sha’ul Lock, Juice Guru; Robbie Starnes, Rawist; Ryan Leinonen, Top Chef, Root Down; And More!

Talkback Grub Leaders: Bryant Terry, Shannon Francis, Faatma Mehrmanesh, Marilyn Akwe Starnes, Favianna Rodriguez, Mike Wird, Kendra Sandoval, and Kenzie Davidson
Open to the Public

What's an Eat-In?

a multicultural group of people in a public space sharing a healthy and sustainable home-cooked meal. Consider it a "political potluck" we gather around the table to eat with old and new friends and we launch a new conversation on what we can do to bring more people good, healthy, food. This "Sunday Supper" Eat-In features activists, artists, gardeners and community leaders hosting conversations about traditional/cultural food habits, urban foodways and new ideas for community-based food systems. The food being shared will reflect the ancestral culture and community of the eco-chef. Also, everyone is asked to please help us "stay green" by bringing your own plate, cup, bowl and silverware, too.

*Also unveiling new series of Food Justice posters co-created by artist Favianna Rodriguez & eco-chef Bryant Terry

Sounds: DJ CaveM aka Ietef Vita | Words: Molina Soleil & Aju
Tix \$7-\$10 (sliding scale) Limited Seating
MUST RSVP to "Eat-In" at artinmotion303@gmail.com
or contact Adrienna at 303-446-8800 by March 12th

Sponsors

The Annie E. Casey Foundation *Helping vulnerable kids & families succeed*

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TRANSITION
DENVER
REBUILDING COMMUNITY
RESILIENCE AND SELF-RELIANCE

